

Caregiver Text Message Reminder Consent

Completed at hire or when a caregiver first joins the weekly service-log reminder program. Keep the signed form in the caregiver's personnel file and record the consent in the staff roster.

What the program is

My Home Cares sends a short text message to caregivers whose weekly client service log has not yet been uploaded. Messages are sent by an automated system on Monday mornings, and only when a log is still due. Most weeks you will receive no message at all; you will never receive more than one reminder text per week.

What a message says

Each text states how many of your clients still need last week's service log and gives the link to the staff sign-in page (www.myhomecares.com/login). Texts never include a client's name or any client health information. Example:

My Home Cares: Hi Tanya, 1 client still needs last week's service log. Upload: www.myhomecares.com/login (your 6-digit code). Reply STOP to opt out.

Your choices

Receiving these texts is voluntary and is not a condition of employment. You may stop them at any time by replying **STOP** to any message, or by telling the office at (410) 231-3076 or info@myhomecares.com. Reply **HELP** for help. Message and data rates may apply depending on your mobile plan. Program terms: www.myhomecares.com/sms-terms · Privacy policy: www.myhomecares.com/privacy-policy

Consent (tick one)

- ☐ **Yes** — I agree to receive automated weekly service-log reminder text messages from My Home Cares at the mobile number below. I understand I can reply STOP at any time.
- ☐ **No** — I do not wish to receive text reminders. The office will contact me another way.

Caregiver name (print)

Mobile number for texts

Caregiver signature

Date

Office use

Consent recorded in staff roster by (name)

Date recorded

Tick "Has agreed to receive weekly text reminders" on the caregiver's record at myhomecares.com/admin/clients → Caregivers → Edit. The system stores the date the box was ticked and never texts anyone whose box is unticked.